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*DEE ESE SE WOHUNU FA
MPAEBƆ HO*

Lars B. Dunberg

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Dee Eɛ Sɛ Wohunu Fa Mpaebɔ Ho

The Basic Things You Need to Know About Prayer (Asante Twi)

Otwerefoɔ: Lars B. Dunberg

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ISBN 978-1-961623-92-7

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Dee Ee Se Wohunu Fa Mpaebɔ Ho

Nnianimu

Menyaa yaree bi a emu no, na me home twitwa si wo nna mu wo afe mpennu (2000) no mu. Me yam hyee me wo bere a dokotani a wakwadare wo saa yaree no hwe mu ka kyeree me se, se merekoda a memfa akatahwene bi a ahoma tenten bi sa so kosɔ afidie kesee bi a esi fam mu nkata me hwene. Afidie no ma wo mframa papa ma wokɔ so tumi home wo bere a woada rehwa nkorɔmo mpo. Nokwasem ne se, afidie yi nti, wontumi nhwa nkorɔmo efiri se, se wobue w'anom a, ebye wo te sedee woato nsuom nanso na enye nsuo na mmom mframa na abunkam afa wo so!

“Nnawɔtwe dodoɔ sen na mede adee huhu yi beka-ta me hwene?” Mebisaa saa asem yi ahobreasee mu. Ohwee me te sedee onnim me baabiara enna owosoo ne tiri. Obua see me se, “Owura Dunberg”, “eye me se wonte dee meraka no ase! Wode afidie akatahwene yi bekata wo hwene akɔsi se wobetoa wo nananom wo nseedo. Afidie akatahwene yi beka wo ho wo wo nkwan na nyinaa mu!”

Mebɔ hu! Nna a edi kan no, na ekame aye se simma du biara no, meyi afidie akatahwene no firi me hwene ano efiri se na mesuro pa ara. Da koro anadwo bi dee, ahoma a esɔ afidie akatahwene no soɔ no kyekyeree me kon maa anka mereye ahye me ho

akomfo. Nanso, abosome kakra bi akyi no, mehunu se, mfaso wɔ afidie akatahwene no so efiri se, na epu mframa papa kogbu m'ahrawa mu ma me home sisi so kamakama. Efiri saa bere no besi nne, mentumi nna wɔ bere a memfa afidie akatahwene no nkata me hwene. Abeye adee a mede me ho nyinaa mato so.

Ogyidini home bere

Akristofɔ binom ahwere wɔn ahɔden a wɔde home wɔ honhom mu, efiri se, wɔnnya ntee ase se mpaebɔ na ema agyidifo nkwa te sedee mframa pa ma nkwa no. Ebetumi aba se, yebeka “Yen Agya a ɔwɔ ɔsoro” mpaebɔ no Kwasiada biara wɔ asɔredan mu, anaa yebebɔ mpaee tiawa bi wɔ bere a yerebedidie, nanso mpen pii no, yemfa mpaebɔ nka yen daa daa asetena ho. Badwam mpaebɔ sua wɔ yen som ahodoɔ mu enna yen mu kakra bi na wɔkɔ nkabom mpaebɔ nhyiamu wɔ asɔre mu. Eno nti na agyidifoɔ dodoɔ no ara honhom mu home so retee no.

Aden nti koraa na ɛse se mebo mpaee?

Nokorem, se Onyankopɔn nim biribiara, na ɔnim me nsusuiɛ nyinaa a, aden nti koraa na ɛse se mebo mpaee? Ewom se ɔnim daakye asem nanso yen dee, yennim dee abrabɔ no de yen besi daakye. Eho hia se yedi n'akwankyerɛ so na aboa ama yen abrabɔ asi yen yie.

Mpaebɔ hye abusuabɔ a ɛda yene Onyankopɔn ntam no mu kena. Se yene yen hokafoɔ nni nkɔmmo anaase yentie asem biara a yen hokafoɔ pe se wɔka kyere yen a, yen awareɛ renkyere na agu. Saa ara na etee wɔ yene Onyankopɔn ntam. Se yene Onyankopɔn

di nkóm m a, etwe yen ben ne ho na ema òdò a e da yene Onyankopòn ntam no mu ye den yie.

Yesu kaa sè, *Sè mote me mu na me nsem nso tena mo mu a, ennee biribiara a mope a mosebisa no, wòde bema mo* (Yohane 15:7).

Adiyifoo a wòwò Apam Dada mu no mu baako kyerekyeree dee enti a ese se yebò mpaee mu se, *Mede nkyemu mmiensa mu baako yi befa ogya mu; menane wòn te se dee wònane dwete, na masone wòn so se sikakakò. Wòbebò me din afre me, na megye wòn so. Meka se, 'Wòye me nkuròfo, 'na wòbeka se, 'Awurade ye yen Onyankopòn'* (Sakaria 13:9).

Wohwe Twere Kronkron no mu a, wobehunu ekwan a ahemfo, adiyifoo ne nnipa binom a anka wònsè mfa-ta te se wo ne me, bò mpaee maa Onyankopòn gyee wòn firii òsèe mu. Mpaebò koro maa owia gyinaee, onipa koro bò mpaee maa ogya firi soro baa fam, òbaako nso nam mpaebò so nyaa mfee dunum kaa ne nkwan na ho, na mpaebò koro pe mpo tumi gyee kuro mu bi nkwa. Saa nnipa yi bò mpaee anieden so kyeree Onyankopòn a òye mpaebò tiefoò no.

Mpaebò ye akwannya. Fa no se w'adamfo pa bi a wogye no di esiane se, beaee a òbeka se òwò no, akyinnyee biara nni ho. Eberè biara a wohia no no, wobetumi afre no a ne bo remfu wo. Waye krado se òbetie wo na òde òdò ne akoma pa agye wo so. Saa peperepe na mpaebò tee. Nsonsonoe a ewò mu ara ne se, w'adamfo pa a òwò mpaebò mu no ne Onyankopòn.

Onyankopòn mfa ne ho nsie da biara da; òwò hò ma yen nnònhweree aduonu enan a ewò da mu mu no nyinaa ne enna nson a ewò nnawòtwe mu no. Onim biribiara a maye na òda so dò me! Onim me daakye.

Wakan me nna dodoɔ. Ɔwɔ nhyehyee papa ma me. Ɔdo me yɛ enti na ɔde ne Ba maa me sedee ebeye a menyan kwa a enni awiee wɔ ne mu.

Nokore mpaebɔ ye baanu nkɔmmɔ. Mekasa Onyankopɔn ho na ɔno nso kasa me ho. Mennim ekwan a Honhom no fa so ma nkutahodie no tumi ye adwuma – anaa aden nti na Onyankopɔn pɛ se mebo mpaee - nso saa kwan no so na ɔfa ye n'adwuma.

Mommisa, na wɔbema mo; monhwehwe, na mobehunu; mompem, na wɔbebue mo. Na obiara a ɔbisa no, ɔnya. Obiara a ɔhwehwe no, ɔhunu; na dee ɔpem no, wɔbue no (Mateo 7:7-8).

Ɛdeen na menka wɔ eberɛ a merebɔ mpaee?

Dee ebɛba m'adwene mu kane no na menka anaa? Memfa honhom anaa anotee nsemfua na enni dwuma anaa? Nokorem, enhia se wo mpaebɔ beye nsemfua pii anaa dee ɛso ani. Yesu reka Asempa wɔ Bepɔ no soɔ no, ɔka kyeree yen se, *Se mobɔ mpaee a, monnkasakasa bebree ntiti nsem mu, nsusu se, se moye saa a na Onyankopɔn betie mo* (Mateo 6:7).

Wobetumi afa akwannuasa so abɔ mpaee. Mmma wo yebea nsesa, fa no sedee wo ne no na ɛwɔ wo dan no mu. Wobetumi aka dee ɛwɔ w'akoma mu biara; w'awerehosem mpo, ɔbetie.

Da koro bi, asuafoɔ no baa Yesu nkyen. Mesusu se, wɔn honam mu yee wɔn te sedee eye a yen dee mu taa ye yen no. Asem tiawa a wɔde enne kesee teaa mu kae ne se, *Awurade, kyere yen mpaebɔ* (Luka 11:1). Na ɔkyeree wɔn! Ɔkyeree wɔn mpaee bi a wɔbɔ no da biara wɔ ewiase afanan nyinaa beborɔ mfee mpennu (2,000) nie. Eye mpaebɔ a emu do nanso enye hwanyann.

kye wɔn a wɔde yen aka.” Eyɛ mmere ma me se mesre ama wɔde me mfomsoɔ akye me, nanso eyɛ den ma me se meko wɔn a wɔfom me ho akɔka akyerɛ wɔn se mede wɔn mfomsoɔ akye wɔn. Eɛ se yebo adwensakyera ho mpaee efiri se yen nyinaa ahwere ahyensodee no na Onyankopɔn animuonyam abɔ yen. Se Onyankopɔn nam Yesu Kristo mogya a ehohoroɔ yen bone no so gye yen tom a, eɛ se yehunu bonefakye ne adwensakyera.

“Na mfa yen nko sohwe mu, na yi yen firi bone mu.” Yesu hyiaa sohwe mpen pii nso oɔde ahobreasee su, yee setie maa Onyankopɔn. Onyankopɔn nso yen nhwe, enna onyi yen mfiri ne gyinaeesie ahodoɔ mu. Enye suban nko ara na eho hia wɔ ogyee mpaebɔ mu, ehia anammontuo nso. Se yebo ogyee mpaee ma yen ho a, Onyankopɔn ba mu.

Ogyee mpaebɔ mu no, yegye to mu se, nokorem, Onyankopɔn na ogye yen firi bone ahodoɔ nyinaa mu. *Na Awurade begye me afiri bone nyinaa mu na oɔde me akɔ osoro Ahennie no mu asomdwoee mu* (2 Timoteo 4:18).

Enti, mma mo nnnwennwene sedee mobesi abɔ mo mpaee ho. Mma nhyehye mmara mma Onyankopɔn na mmom bo mpaee se omma wo ntumi nni n’ahyedee so. Eyɛ wo nne na Onyankopɔn pe se ote na ogye wo soɔ.

Ɖdeen na ebesi wɔ bere a mennim sedee yesi bo mpaee?

Honhom Kronkron no beboa wo ama woatumi abɔ mpaee wɔ bere a wonnim sedee yesi bo mpaee. *Saa ara na Honhom no boa yen wɔ yen mmereye mu, efiri se, yennim ekwan a wɔfa so bo mpaee sedee eɛ. Honhom no ankasa de apinisie de nsem a enni kabea di ma yen.*

Onyankopɔn a ɔhunu nnipa akoma mu no nim Honhom no nsusue, efiri se, Honhom no nam Onyankopɔn pe so di ma Onyankopɔn mma wɔ n'anim (Romafoɔ 8:26,27).

Enti Onyankopɔn tie yen mpaebɔ sane ye yen abisadeɛ ma yen anaa?

Aane, Onyankopɔn tie yen mpaebɔ sane ye yen abisadeɛ ma yen. Saa gyidie yi ho nhwesɔɔ mmienu a ewɔ Nnwom nwoma no mu nie. *Ateneneefɔ team su, na Awurade tie wɔn; ɔyi wɔn firi wɔn haw nyinaa mu (Nnwom 34:17). Obefre me, na megye ne so; meka ne ho wɔ amanehunu mu, megye no, na mahye no animuonyam (Nnwom 91:15).*

Edeɛn na ebɛtumi aboa ama Onyankopɔn atumi ate me mpaebɔ?

Nneɛma a eboa ma Onyankopɔn tumi te yen mpaebɔ no mu bi nie:

Ahobreaseɛ Akoma

Na se me nkurɔfoɔ a wɔde me din fre wɔn no bebre wɔn ho ase, abɔ mpaee, ahwehwe me, na wɔadane afiri wɔn amumuyesem ho a, mete wɔ ɔsoro, na mede wɔn bɔne akye wɔn, asa wɔn asase yadeɛ (2 Beresosem 7:14).

Akomamuteɛ

Odiyifoɔ Yeremia twereɛ se, *Mobehwehwe me na mobehunu me, se mode mo akoma nyinaa hwehwe me dea (Yeremia 29:13).*

Gyidie

Montie deɛ mereka yi. Biribiara a mobebisa wɔ mpaebɔ mu no, monnye nni se mo nsa aka, na ebeye ho ama mo (Marko 11:24).

Teneneeye

Enti afɛi, monkeka mo bɔne nkyere mo ho mo ho, na mommobɔ mpaee mma mo ho mo ho sedee ebeye a wɔbesa mo yadee. Onipa tenenee mpaebɔ tumi ye nneema bebre (Yakobo 5:16).

Ɖsetieye

Biribiara a yebisa no no, yen nsa ka, efiri se, yedi ne mmara so na ye ye n'apedee nso (1 Yohane 3:22).

Adɛn enti na eye a yennya yen mpaebɔ no mu bi ho mmuaee?

Ɖbere bi wɔ ho a, yennya yen mpaebɔ ho mmuaee. Twere Kronkron no ka nneema a emma yennya yen mpaebɔ ho mmuaee ho asem. Saa nneema no mu bi na edidi soɔ yi:

Afɔforɔ bɔne a yentumi mfa nkye wɔn

Agyidifoɔ tan wɔn ho wɔn ho. Yei ye awerehosem pa ara. Ɖsan nso ye nokore se, wɔn mu dodoɔ no ara fa kwan bɔne bebre so bɔ afɔforɔ apoo. Saa abonefosem yi ha nnipa a wɔye tia wɔn no pa ara. Ɖma eye den se wɔde saa bɔne no bekye. Ɖbetumi aba se obi aye wo bɔne bi saa pen. Se bɔne a obi aye wo hye w'akoma mu a, enne Onyankopɔn ntumi mma wo nsa nka w'abisadee.

Yesu daa asem yi adi pefee wɔ Bepɔ no so Asem-paka no mu se: *Enti, se eba se wɔrekɔbɔ afɔdee na wokae se wo ne wo nua wɔ asem a, gyae afɔdee no bɔ, na kɔ na wo ne wo nua no nkɔbom ansa na woakɔbɔ w'afɔdee no* (Mateo 5:23,24).

fa se woredi asem bi ho agoro na woaso mu twann. Bɔne a ete saa no, ese se woka. Eno nko ara na ebema Onyankopɔn abua yen mpaebɔ ahodoɔ no.

Akyinnyegyee

Yei ye adee a eha nnipa dodoɔ no ara. Wode won ano bɔ mpaee, nanso won mu pa ara dee, wonnye nni se wobanya won mpaebɔ no ho mmuaee. Mpaebɔ a ete saa no, Onyankopɔn remma wo mmuaee da. Onipa a ɔbɔ mpaee wɔ gyidie mu no nko ara na Onyankopɔn tie no.

Yesu maa yei daa adi pefee se: *Biribiara a mode gyidie bebisa wɔ mpaebɔ mu no, mo nsa beka* (Mateo 21:22). Nnipa dodoɔ no ara ka nsem pii wɔ won mpaebɔ mu de won ani to so se eno na Onyankopɔn betie. Mpaebɔ mu kasa tenten nso Onyankopɔn ani. Ebinom bisa, nanso bere a wɔrebisa no ara na wɔresan gye won ho akyinnye. “Onyankopɔn, a wote ɔsorosoro, se wote me mpaebɔ yi na wope se woma mpaebɔ yi ho mmuaee a, wope a ebia...”

Yakobo nwoma no kyerekyere yei mu. *Na se worebɔ mpaee a, ese se wogyee di a wonnye ho akyinnyee. Obiara a ɔgyee akyinnyee no te se epo asorɔkye a mframa bɔ no kɔ baabiara a epe. Ense se saa onipa no susu se ɔbenya biribiara afiri Awurade nkyen; n'adwene ye no ntanta a ɔntumi nsi biribiara pi* (Yakobo 1:6-8).

Bisa wɔ gyidie mu. Gyidie ne se wobanya anidasoo se wo mmuaee beba mpo ansa na aba: *Gyidie ye ahotosoo a yewɔ wɔ nneema a yen ani da so ne awerehyemu a yewɔ wɔ nneema a yen ani nnhunu mu* (Hebrifoɔ 11:1). Enti se wobisa na wo nsa ka a, da Onyankopɔn ase. Wobetumi ada Onyankopɔn ase wɔ wo mmuaee ho wɔ bere a wowɔ gyidie wɔ w'akoma mu. Mmma ennye

akyinye wɔ wo mpaebɔ ho na Onyankopɔn betie wo mpaebɔ no.

Adwemmɔne

Onyankopɔn hwe akoma mu. Onim yen adwene ne yen nsusuiɛ nyinaa. Enam saa nti, ɔntie mpaebɔ a adwemmɔne tare akyire.

Enye mmere se wobehunu obi adwene mu. Eduru bere bi a, na w'adwene mu aye wo ntanta. Eye den ma yen se yebetumi de ehyee ato adwempa ne adwemmɔne ntam. Saa nti na David sree Onyankopɔn se: *Hwehwe me mu, Aɔ Onyankopɔn, na hunu m'akoma* (Nnwom 139:23a).

Pesemenkomenya na ede adwemmɔne ba. *Na se mobisa koraa nso a, mo nsa renka, efiri se, mowɔ adwemmɔne. Mobisa nneema a eye mo akɔnnɔdee* (Yakobo 4:3).

Se wobɔ mpaee nso wo nsa nka mmuaee a, ka kyere Onyankopɔn se ɔnhwehwe w'akoma mu. Se ne nhwehwemu no da ade bone anaa adwemmɔne bi adi a, gye tom na sre ho bonefakye, na bɔ mpaee bio. Afei dee, Onyankopɔn betie wo mpaebɔ no.

Wonhyeda nnim Onyankopɔn apedee wɔ bere a worebɔ mpaee

Yei ye adee a eye den pa ara. Ekyere yie pa ara ansa na Akristofɔ atumi ahunu Onyankopɔn apedee wɔ wɔn abrabɔ mu. Ekyere yie pa ara ansa na woatumi akenkan asusu Twere Kronkron no mu nsem ho atumi ate Onyankopɔn atirimsem ase yie. Twere Kronkron no ka adee denden yi ho asem. E san ka kyere yen se, Honhom Kronkron a ete yen mu no boa yen ma yebɔ mpaee sedee Onyankopɔn pe. Eba no saa efiri se, Onyankopɔn Honhom nim Onyankopɔn apedee no.

Ɔhaw kɛsɛɛ a Akristofoɔ hyia wɔ mpaebɔ mu ne se wɔbɛbɔ mpaɛ sedee Onyankopɔn pɛ. Yesu faa saa ɔhaw yi ara mu wɔ Gethsemane Turom hɔ, bere tiawa bi akyi ansa na wɔrekɔbɔ no asennua mu. Ɖɔɔ mpaɛɛ se, Enye ne pɛ, na mmom wo pɛ na enye hɔ. Se woregyae wo pɛ mu ama Onyankopɔn pɛ betumi aye ɔhaw kɛsɛɛ.

Se wohye aseɛ bɔ mpaɛɛ wɔ Onyankopɔn pɛ so a, ɔbetie wo ntem so: *Na anidasoɔ a yewɔ wɔ Onyankopɔn anim ne se, yenim se biribiara a yebisa no wɔ ne pɛ mu no, ɔtie yen. Eberɛ biara a yebisa no no, ɔtie yen. Yeahunu se yei ye nokore yi, yenim nso se ɔma yen dee yebisa no biara* (1 Yohane 5:14,15).

Se wohunu se nneɛma a woɔpɛ ne Onyankopɔn pɛ bɔ abira a, sɛ Onyankopɔn se ɔnye wo adom na wonnye n'apedee ntom. Afei bɔ mpaɛɛ se ne pɛ nye hɔ.

Yɛpa aba ntem dodo

Yesu kaa se, *mompem, na wɔbɛbue mo* (Mateo 7:7). Dodoɔ no ara di saa nhyehyɛɛ yi so nso apono biara mmuebue mma wɔn. Eno nso nkyerɛ se asem a Yesu kaeɛ no remma mu na mmom ekyerɛ se wobom baako a na wonwieɛɛ. Kɔ so ara bom kɔsi se ɛpono no bebue. Eno na ekyerɛ se w'ani abere wɔ w'abisadeɛ no ho. Se Onyankopɔn hunu se yen ani abere a, ɔtaa tie yen mpaebɔ.

Onyankopɔn mma adwenemsem ho mmuaɛɛ, mmom ɔpɛ bomkyerɛ. Wɔn a nokorem biribi hia wɔn no kɔ so ara bom. Afoforo bi nso bom kakra bi a na wɔagyae nenam rekeka kyere nkurofoɔ se Onyankopɔn antie wɔn mpaebɔ. Ɔhaw no mfiri Onyankopɔn na mmom ɛfiri yen ara ɛfiri se yɛpa aba ntem dodo.

Luka 18 hɔ no, Yesu kaa okunanibaa bi a wampa aba da bi ho asem. Na ɔde rekyerɛ n'asuafoɔ no

ne ho too asuo no mu mprensia pe e? Se anka Elijah gyae osto ho mpaebɔ no ne mprensia so e? Eɛe se yekɔ so ara! Yosua nwoma no ka se, *Baabiara a wode wo nan besi no beye asase a mede ama wo* (Yosua 3). Onyankopɔn nye obi a ontumi nye yen apedeɛ mma yen, a ogye di se yen apedeɛ ye n'ahyedeɛ nanso n'ahyedeɛ mmom abeye yen apedeɛ.

Yereka abom abɔ mpaee

Se yeka bom bɔ mpaee a, yen mpaee no ne Honhom Kronkron tumi no di afra. Awerɛhosem ne se, Akristofoɔ dodoɔ no ara nka mmɔ mu mmɔ mpaee. Nkabom mpaebɔ ho asem wɔ Twere Kronkron mu. Wɔaka no mpen pii wɔ Apam Foforo no mu se, wɔhye Akristofoɔ se wɔnka wɔn ho mmɔ mu mmɔ mpaee. Enye abusua nko ara so na saa ohye yi da. Yesu ne onipa a odii kan de saa ohye yi maeɛ enna Paulo behyee mu kena. Ohye yi botae nyinaa ne se Akristofoɔ ne afoforɔ nka mmɔ mu mmɔ mpaee.

Mateo 18:19-20 ka se, *Meresane aka akyere mo bio se, se mo mu baanu biara a wote asase yi so hwehwe biribi na wode nokore bisa m'agya a owo osoro no a, obeye ama wɔn. Na dee baanu anaa baasa ahya wɔ me din mu no, na mewɔ wɔn mfimfini.* Nsem yei na Yesu ka kyereɛ n'asuafoɔ no. Enye se okyereɛ n'adwe-ne keke se wɔnnye mmere nka mmɔ mu mmɔ mpaee, na mmom ohyee yen se yenyɛ saa. Afei nso, wankyere se yene asomasi anaa obentene na emmɔ mpaee; dee okae ara ne se yene afoforɔ nka mmɔ mu mmɔ mpaee.

Hebrifoɔ nwoma no twerefoɔ nso hyee yen se, *Momma yen ho yen ho asem nhia yen na yennodo yen ho yen ho na yenyɛ papa. Mommma yennnyaɛ yen ho*

pa ara. Ɖka kyerɛɛ n'agya wɔ efie sɛ, “Ma me!” Akyire yi wɔ n'abrabɔ mu a na waseɛ n'agyapadeɛ nyinaa a na ɔrema mprako aduane sɛ ɔɔnkɔni no, ɔbɔɔ mpaɛɛ a na eye pa ara wɔ beaɛɛ a na eho nye koraa. “Yɛ me ɔsomfoɔ.”

Eberɛ bɛn na eɛɛ sɛ meɔ mpaɛɛ?

Twɛrɛsɛm no ka kyerɛ yɛn sɛ, mɛmɛ yennnyaɛ mpaɛɛ bɔ da. Yei nkyerɛ sɛ wo nko ara kɔtena ɛdan ketewa bi mu na bɔ mpaɛɛ da mu no nyinaa. Yebetumi abɔ mpaɛɛ eberɛ nyinaa wɔ bere a yereye yɛn daa daa nnwuma. Eye sɛ wobɛbɔ mpaɛɛ komm wɔ bere a nnipa afoforɔ bi wo wo nkyɛn, mmom eɛɛ sɛ yennya bere bɔ mpaɛɛ wɔ bere a aka yɛn nko ara. Agya Abraham firii adi kɔbɔɔ mpaɛɛ. Ne ɔbanana Yacob firii adi anadwofa ne Onyankopɔn kɔtentamoeɛ. Ɖgyefoɔ Mose nko ara kɔɔ Ntomadan a akyire yi wɔbɛfrɛɛ no Asɔredan no mu enna afei ɔsan kɔɔ beɔ so sɛdeɛ ebeyɛ a ɔno nko ara ne Onyankopɔn bedi nkitaho. Na Yesu taa kɔ mɛmɛɔ so kɔbɔ mpaɛɛ.

Mahunu sɛ, mɛmɛɛ papa a mɛtumi abɔ mpaɛɛ no mu baako ne bere a mereka me kaa a me nko ara na mete mu. Onipa foforo biara nte me nka nti mɛtumi akasa bree enna ɛduru bere bi nso a, mɛteam. Se yeretwen sɛ kanea otimfoɔ bɛsɔ ama yɛn ɛkwan akɔ, anaase yedi kaa bebree a abɔ apee soɔ mu wɔ bere a obiara repɛ ntem akɔduru deɛ ɔrekorɔ no, yebetumi abɔ mpaɛɛ ama adrɔbafoɔ foforo a wɔpepere wɔn ho no sene sɛ yebɛma yɛn bo afu wɔn. Eboa ma w'adwene mu da ho fann! Eye a ye saa daa!

Mɛmɛɛ dodoɔ sɛn na mɛmɛɛ mpaɛɛ?

Eɛɛ sɛ yebɔ mpaɛɛ dɔnhwereɛ baako ansa na Onyankopɔn atie yɛn anaa? Anaase simma du ye? Mennye

tumi ye pe na mmom yemmɔ mpaee mpe tumi a ene yen nsemsem ye pe.”

Honhom mu nhinigyee

Moagye nhini na moatim wɔ dɔɔ mu (Efesofɔɔ 3:17). Marko 4 ho no, Yesu ka abasem a efa ogufɔɔ a na ɔregu n’aba no ho. Aba no bi guu ekwan so enna nnomaa diie. Ebi guu abotan so baabi a dɔtee nni papa. Efifiriae ara pe na ewuie efiri se anya nhini. Ebi nso koguu nkasee mu, nkasee no nyiniie enna emiamiaa ogufɔɔ no aba no. Aba no mu cha nkyekyemu aduonu nnum (25%) pe na eguu asase pa mu, egyee nhini yie enna esoo aba.

Obiara nhunu nnua nhini. Ete se abansoro fapem; se wɔantu fapem papa a, wɔntumi nsi adan bebree ntoatoa so. Obi asem ne se, dee yedi na ekyere yen nipaban. Yen mu binom boro dee yedi no so. Onyankopɔn ka kyeree yen se yenhunu yen nipadua se eye n’asɔredan, nanso yen mu binom sisii asɔrefie ahodoo! Esee yema yen ani ko honhom mu nhinigyee so ma egye nhini yie wɔ yen abrabɔ mu. Se abrabɔ mu amanehunu ba a, yebetumi agyina pintinn mpo se epe se ebu fa yen so a.

Honhom mu nteasee

... mo ne ahotefɔɔ nyinaa benya tumi, na moate Kris-to dɔ no tre, ne tentene, ne korɔn ne emu dɔ no ase (Efesofɔɔ 3:18).

Yerenyini no, na yen adwene ne yen nteasee reba fam. Yetaa bɔ yen ho ban efiri se eye a na yesuro nneema bi. Eberɛ bi wɔ ho a yen adwene wɔ Onyankopɔn ho no beye ketewa bi. Yesusu se nneema kakra bi na

ɔye enna nneema kakra bi na ɔbetumi aye. Ehia se yebo mpaee ma ɔma yen adwempa a ebema yeatumi anya nteasee amapa, sedee ebeye a yebetumi ahunu sedee Onyankopɔn sitee ne sedee ɔɔɔ a ɔwɔ ma yen no nso kesee sitee.

Honhom mu maye

... na moahunu saa ɔɔɔ a etra adwene nyinaa so no, na Onyankopɔn ahye mo ma (Efesofoɔ 3:19).

Mpen pii no, maye ase kyere se tumidie. Se abufuo hye yen ma a, abufuo di yen so tumi. Se awerehoɔ hye yen ma a, awerehoɔ di yen so tumi. Se Onyankopɔn honhom hye yen ma a, ne honhom no di yen so tumi. Enna se mpaee a yebo ma yen ho yen ho hye yen ma a, dee ɔbo mpaee ma yen no di yen so tumi.

Ekwampa a yefa so bɔ mpaee da biara

N. B. A. N. ye mpaebɔ ho nhyehyee a eboa ma yetumi de yen ani si biribi so yie wɔ mpaebɔ mu. Eduru bere bi a, eye a na, nokorem, yennim sedee yesi bɔ mpaee. NBAN mpaebɔ ho nhyehyee no ma mpaebɔ ye mmere ma obi a ɔmmɔɔ mpaee da mpo. Ema mpaebɔ no gyina onipa so, edi mu na tumi nso ba mu.

N – Nkamfoɔ

Saa mpaebɔ yi fa a edi ekan ne nkamfoɔ. Obiara pe ayeyie ne nkamfoɔ! Onyankopɔn nso saa ara. ɔfata yen nkamfoɔ. Ka no pɔtee. “Wo ho ye nwanwa yie” ye adepa a yebetumi aka nanso enka dekodee pɔtee a ema yesusu se ɔye ɔnwanwani no nkyere no. Sɔ biribi te se yei hwe, “Onyankopɔn, w’ahummɔborɔ ne wo ɔɔɔ a

wowɔ ma me ye nwanwa.” Yei ma Onyankopɔn hunu dekodeɛ pɔtee a yen ani agye ho no.

B – Bɔneka

Ɔbi aka se, “Bɔneka ye ma ɔkra no.” Yen bɔne te yen firi Onyankopɔn ho. Yeƙa yen bɔne kyere Onyankopɔn wɔ mpaebɔ mu a, ehye yene ne nkitahodie mu kena. Onim yen bɔne nyinaa dada, nanso se yepae mu ka a, ekyere se yen ankasa nim na eye yen pe se yeyi akwan-sideɛ biara firi yene ne nkitahodie ho. “Onyankopɔn, maye bɔne atia wo se _____.” Ka nokore na ka no n’apɔso-n’apɔso.

A – Aseda

Edeen ho na yereda ase? Ma Onyankopɔn nhunu dekodeɛ a worda ho ase no! “Meda wo ase, Onyankopɔn, se wode me mfomsoɔ akye me na wodɔ me wɔ me bɔne yi nyinaa akyi,” ye ekwantia a wobetumi afa so abɔ mpaee. Eho nhia se wobekyerekyere biribi mu tenten biara gye se ebia w’ankasa wosusu se nhyira no aboro so ama wo, na wope se woka saa nneema a asisi wɔ w’abrabɔ mu no nyinaa mmaako mmaako da ho ase.

N – Nkotosre

Nkotosre kyere se wode ahobreaseɛ resre biribi, na yei ne ɔfa a etwa toɔ wɔ yen mpaebɔ nhyehyee yi mu. Yeaka yen nkamfoɔ, yeaka yen bɔne ahodoɔ enna yede yen aseda ama. Afei, yeaye krado se yede yen abisadeɛ bekɔ Onyankopɔn anim. Me dee, me daa daa nkotosre ne se, “Mesre wo, boa me ma menye onipa papa.” Se wobɔ mpaee a, wobetumi asre adeɛ pɔtee bi nso. Mfomsoɔ biara nni ho se wobebisa adeɛ pɔtee bi

a wɔpɛ afiri Onyankopɔn hɔ. Mateo 21:22 hye yen bɔ se, *Biribiara a mode gyidie bebisa wɔ mpaebɔ mu no, mo nsa beka.*

NBAN ye mpaebɔ ho nhyehyee papa a ese se yede di dwuma wɔ bere a yeresiesie yen ho abɔ mpaee. NBAN mpaebɔ ho nhyehyee no boa ma yekae dee yepɛ se yeka kyere Onyankopɔn. Yen NBAN mpaebɔ mu betumi ada hɔ fann na aye tenten nso. NBAN nso betumi aye tiawa ne n'apɔso-n'apɔso. Mpo dee eho hia koraa sene nimdee a yede di dwuma no ne se, ema yebɔ mpaee a yemmre ho koraa.

Edeen na Twerɛ Kronkron no ka fa mpaebɔ ho?

Afei, wɔsu frɛ Awurade, wɔn amanehunu mu, na ɔgyee wɔn firii wɔn ahohiahia mu. Omaa ahum no yee dinn; epo so asorɔkye ano brɛ ase. Wɔn ani gyeee ebere a eyee dinn no, na ɔkyerɛ wɔn ekwan de wɔn kɔduruu gyinabea a wɔpɛ (Nnwom 107:28-30).

Mommisa, na wɔbɛma mo; monhwehwe, na mobehunu; mompem, na wɔbɛbue mo (Mateo 7:7).

Biribiara a mode gyidie bebisa wɔ mpaebɔ mu no, mo nsa beka (Mateo 21:22).

Montie dee mereka yi. Biribiara a mobebisa wɔ mpaebɔ mu no, monnye nni se mo nsa aka, na ebeye hɔ ama mo (Marko 11:24).

Na biribiara a mobebisa wɔ me din mu no, meye ama mo, sedee ebeye a Agya no animuonyam nam ne Ba no so beda adi. Biribiara a mode me din bebisa no, meye ama mo (Yohane 14:13,14).

Marko 9:29, *Yesu buaa wɔn se, "Mpaebɔ nko ara na ebetumi atu saa yadee yi."*

Asomafoɔ 9:40, *Petro maa wɔn nyinaa firii adi. Afei, ɔbuu nkotodwe, bɔɔ mpaee danee n'ani kyeree amu no kaa se, "Tabita, sɔre!" Tabita tee n'ani na ɔhunu Petro no, ɔsɔre tenaa ase.*

Yakobo 5:14-16, *Mo mu bi yare anaa? Eɛe se saa onipa no frɛ asafo mpanimfoɔ na wɔde Awurade din bɔ mpaee ma no na wɔsra no ngo. Se wɔbɔ saa mpaee no gyidie mu a, ebɛsa ɔyarefoɔ no yadee, na Awurade bɛma no anya ahɔɔden, na ne bɔne a waye nyinaa, wɔde bekye no. Enti afei, monkeka mo bɔne nkyere mo ho mo ho, na mommobɔ mpaee mma mo ho mo ho sedee ebeye a, wɔbɛsa mo yadee. Onipa tenenee mpaebɔ tumi ye nneema bebre.*

Efesofɔɔ 6:18, *Eberɛ nyinaa mu mommɔ mpaee wɔ Honhom mu, mpaebɔ ahodoɔ ne nkosre mu. Yei enti monna mo ho so, na mommɔ mpaee mma ahotefɔɔ.*

Filipifɔɔ 4:6-7, *Momma biribiara nha mo. Daa, mo nkosre ne aseda mpaebɔ nyinaa mu no, momma mo adesre nnuru Onyankopɔn anim. Na Onyankopɔn asomdwoee a etra adee nyinaa so no behwe mo akoma ne mo adwene so wɔ Kristo Yesu mu.*

Ɖdeen koraa na mpaebɔ beye me?

Menim se meye mmɔborɔni. Menni ɔboafɔɔ biara ka Onyankopɔn ho. Metumi ye adee ma ɛsɔ afoforɔ ani nanso mentumi nye dee ebɛsɔ Onyankopɔn ani. Se mekɔ ahohiahia mu a, Onyankopɔn tie me mpaebɔ.

Se yehwe 1 Samuel 1:1-15 na yɛkenkan abasem a ɛfa Hannah ho no a, yehunu se, na Hannah ntumi nnyinsen nnwo ba. Ɖgyinaa asɔredan no kwan ano de aniberee bɔɔ mpaee. Ɖgyina ho ntenten, besebese n'ano wɔ mpaebɔ mu, kɔsi se Ɖsɔfopanin no susuu

bɔɔ mpaɛɛ maa Onyankopɔn gyee no so. Ahohiahia ne ahokyere twe Nehemiah benee Onyankopɔn.

1 Samuel mu no, yekankanee biribi faa Filistifoɔ a na wɔn ɔkannifoɔ gramoo Goliath di wɔn anim no rehunuhuna Israel asraafoɔ no. Na obiara nni ho a ɔbetumi agyina n'ananim kɔsi se abarimaa dwanhwefoɔ ketewa David beduruu akono ho. Ohunu wɔn ahohiahia a na wɔwɔ mu no na na ɔnim se Onyankopɔn nko ara na ɔbetumi ayi wɔn afiri ohaw no mu. Osu guu Onyankopɔn so wɔ ne mu enna afei ɔde enne kesseɛ teeam sɛdeɛ ebeye a obiara betee kaa se, *Wode akofena, pea ne bemma na ereba me so, na me deɛ, mede Awurade Otumfoɔ Israel akodɔm Onyankopɔn a woagu ne din ho fi no din na mede reba wo so. Enne, Awurade bedi wo so nkonim, na mekum wo, atwa wo ti* (1 Samuel 17:45-46).

Wonnya eberɛ mmɔ mpaɛɛ anaa? Eye a na yewɔ nneema pii ye wɔ yen abrabɔ mu. Se yebɔ nneema a eha yen ho mpaɛɛ a, yebɛnya ho pomasibre ntem akyen se yede yen ara ahɔden beye. Metaa tu kwan pa ara, na etaa ka me nko ara wɔ ahɔhogyebɛa adan mu nnonhwereɛ pii. Enye den se wobesɔ TV ahwe adeɛ bi a eso mfasoɔ ketekete bi anaase mpo eso nni mfasoɔ biara mma me kra de asee eberɛ kwa. Mpen pii no, menso me TV koraa na mmom, mebɔ mpaɛɛ se, "Awurade, ma osoro mmue mma me wɔ baabi a mewɔ yi."

Ka kyere Onyankopɔn se, womfa wo mpaebɔ nni agorɔ. Mmma ennnye dabi ntom wɔ wo mpaebɔ mmuaɛ ho. Odiyifoɔ Hosea ka kyereɛ yen se, *ebere aduru se wohwehwe Awurade, kɔsi se ɔbeba abepete teneneɛ agu wo so* (Hosea 10:12).

Onyankopɔn rentie me ɛfiri se mantumi manni n'apam so

“Meyɛ den mabɔ mpaɛɛ wɔ bere a mantumi manni n'apam so? Na mepe se meɔ mpaɛɛ nanso na m'adwene ye me se Omanpanin a mabu no animtia bi na na mepe se otie me!”

Aden nti na Obonsam bebɔ Onyankopɔn animuon-yam ho ban se emmfa wo ntoma fi nnkɔ Onyankopɔn ahennwa anim? Saa ara na otɛɛ. Ense se yede ntoma fi sie na mmom yeda no adi wɔ Onyankopɔn anim. Sedee Apam Foforo no see nie:

Se yeka yen bɔne kyere Onyankopɔn a, ɔye ɔnokwafɔ ne ɔteneneeni se ɔde yen bɔne bekye yen, na wate yen ho afiri dee entene nyinaa ho (1 Yohane 1:9).

Momma yensi yen bo na yemmra Onyankopɔn ahennwa a adom wɔ mu no anim, na eno na ebema yeanya ahummɔborɔ ne adom a ebeboa yen eberɛ a ese mu (Hebrifoɔ 4:16).

Eberɛ a wowɔ ahohiahia mu pa ara no na Onyankopɔn bue n'apono mu ma wo pa ara. Enye mmere se wobinya akokoɔduro aba, nanso eno na ɔto nsa fre yen se yenye. Emfa ho ne sedee wosi tee, emfa ho ne dee esii wɔ w'abrabɔ mu bere bi a atwam ne dee erekɔ so wɔ w'abrabɔ mu seesei, ɔbetie wo nsiye ne w'aniberee mpaebɔ no. Kae se, otie w'akoma mu mmɔborɔsu no.

Woaye krado se wobeka mmuaee no ho?

Eye anigyesem se wobinya wo mpaebɔ ho mmuaee, nanso eye anigyesem kesee pa ara se w'ankasa wobeka mpaebɔ no mmuaee ho. Na Mose wɔ esereso a eberɛ a ɔwɔ ho no nyinaa na ɔreɔ mpaɛɛ sedee ebeye a ne nkurofoɔ a wote nkoasom mu wɔ Misraim no befiri

mu. Na wode Mose mfonini atetare Misraimman no mu nyinaa a wɔrepe no akyere no a na enam yei so nti, ɔrentumi ntu ne nan nsi Misraimman no mu da biara da. Enna Onyankopɔn daa ne ho adi wɔ ogyahyee no mu ka kyeree Mose se, “Woka mmuaee no ho. San w’akyi na kogye me nkurofoɔ nkwa.”

Na ɔwɔ Babylon no, Nehemia bɔɔ mpaee maa kuro kronkron Yerusalem, enam ne kuro fasuo a abubuo ne basabasaye ahodoɔ a na akɔ so wɔ kuro no mu nti. Onyankopɔn tiee Nehemiah mpaebɔ no enna ɔka kyeree no se, wama no akwannya se ɔnkɔ Asase Kronkron no so. Ɖbeyee mmuaee no fa bi. Atemmufɔɔ nwoma mu no, Gideon bɔɔ mpaee sedee ebeye a ne nkurofoɔ benya ɔgyee afiri Midianfoɔ a na wɔreteetee wɔn no nsam. Awurade bɔfoɔ bepuee ho enna ɔka kyeree no se, Dɔmmarima, Awurade ka wo ho! ...*Fa ahɔɔden a wowɔ no kɔ na kogye Israelfoɔ firi Midianfoɔ no nsam. Me na meresoma wo (Atemmufɔɔ 6:12-14). Gideon bekaa mmuaee no ho!*

Wogu so rebɔ mpaee no ara, wobehunu se wobetumi aka Onyankopɔn mmuaee no ho. Na eno na ebeye mpaebɔ ho mmuaee keseɛ pa ara a wobanya.

Animuonyam nka Onyankopɔn a ne tumi ye adwuma wɔ yen mu. Ɖnam saa tumi yi so ye dee yebisa anaa dee yesusu ma eboro so. Animuonyam nka Onyankopɔn wɔ asafɔ no ne Kristo Yesu mu mfiri enne nkɔsi daapem. Amen (Efesofɔɔ 3:20-21).

ADESUA NE NNWENEHO NSEMMISA

- Mpen ahe ne eberɛ ben na wobɔ mpaɛɛ?
- Aden nti na ese se yebɔ mpaɛɛ?
- Edeen na wobɛtumi abɔ mpaɛɛ afa ho?
- Wowɔ adansedideɛ bi a wode bekyerɛ se Onyan-
kopɔn atie wo mpaebɔ?
- Eyɛ se mobɛka abom abɔ mpaɛɛ?
- Wotaa bɔ mpaɛɛ anieden so?

